Opportunity House, Inc. Recreation Newsletter

February/March 2023

Editor: Emily Kvasnicka

"THE PURPOSE OF LIFE,
AFTER ALL, IS TO LIVE IT,
TO TASTE EXPERIENCE
TO THE UTMOST, TO
REACH OUT EAGERLY
AND WITHOUT FEAR
FOR NEWER AND
RICHER EXPERIENCE."

-ELEANOR ROOSEVELT

Announcements

Hello to everyone!

As we bunker down through the remaining winter months and look forward to spring's arrival, there are few key pieces of information I'd like to review:

Do you follow us on social media? Opportunity House Rec. Department is on Facebook and Instagram! Like and follow us for updates and photos!

FB: Opportunity House—Recreation Department

IG: opportunityhouse_rec

- Please remember to rank your activity choices by preference (1st choice, 2nd choice, 3rd choice) when you send in your RSVPs.
- Rec. payments need to be made out in full by the end of each month for that month only.
- Because space is limited, last minute cancellations should be avoided unless it is an emergency. If the cancellation comes less than 24 hours in advance, the client will still be responsible for paying for that activity.
- For activities that occur at the OH main building after business hours, please pick up/drop off clients at Side Door #2. Please use the doorbell to alert us of your arrival if we're not there waiting for you!

Announcements

- On December 17th, we gathered almost 125 clients and staff together for our Winter Wonderland Party. We laughed, ate, sang, and enjoyed a surprise visit from Santa. It was a wonderful afternoon and could not have been made possible without the help of our generous donors! Thank you to the Steinbis, Vanatta, and Roberts families!
- We would like to thank Orion Carey and the Egyptian Theater for donating tickets to us in December so that we could go see White Christmas. They made it a magical afternoon for us!
- Speaking of donations —if you would like to make a financial donation to the Rec. Department, a check can be made out to Opportunity House Recreation Department and dropped off at the main building. We also are always happy to accept Bingo Prizes, individually packages snacks for our in-house activities, and buttered microwave popcorn for our Movie & Popcorn nights.
- I want to extend a personal thank you to everyone who has participated in Rec. You give us the best job ever! Working for you!
- Let's all stay happy and healthy this winter! Please remember, do not attend activities if you are not feeling well!

Warm wishes to you all as we look forward to spring!

- Emily Kvasnicka

Some Fun at Home!

Q: What is a mountain's favorite type of candy?

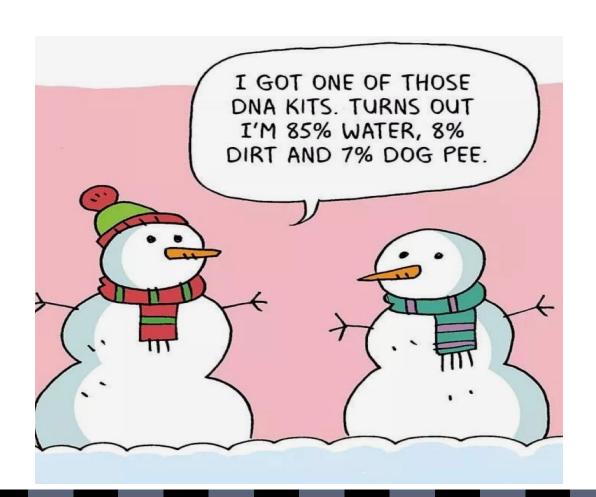
A: Snowcaps!

Q: Where do snowmen keep their money?

A: In the snow banks!

Q: How does a snowman get to work?

A: By icicle!



Some Fun at Home!

Q: What do you call a penguin in the Sahara Desert?

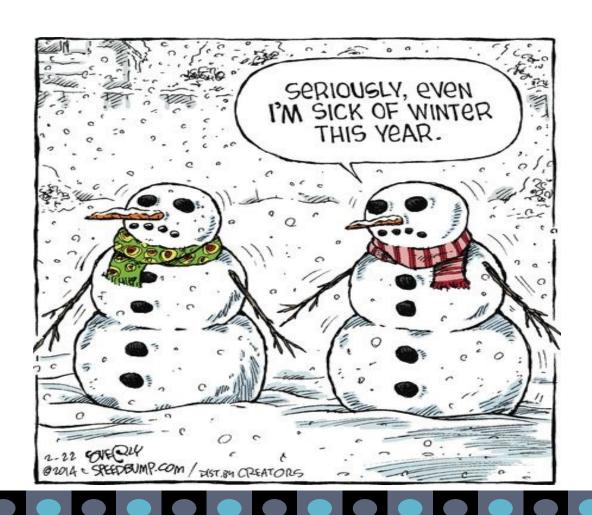
A: Lost!

Q: What video game do they play in igloos?

A: Snow-Fortnite!

Q: Where do seals go to see movies?

A: The Dive-In!





Craig, Quinn, and Matthew showing off their Melted Crayon Ornaments they made during craft. Just four easy steps created something so unique and amazing!



Bingo Buddies showing off their awesome wins! Executive Director Tom Matya stopped by to call a game for us and, we had our largest group of Bingo Buddies yet! Everyone won a game and had a great time!



Gentlemen Craig, BJ, David R, Kevin, David N and Joe with Rec. Assistant Jil during Guy's Night
Out in December at the Aurora Christkindlemarket.



Warmed up with hot chocolate and nuts! After, we warmed up with a delicious dinner at Panera and sang Christmas carols on our car ride home. It was a joyous evening!



Alice, Sam, Sydney, David, Lisa, Mark, Laura, Steve, Liz, Craig, Connie, Kathy and Libby enjoyed an afternoon of winter magic at the Egyptian Theater seeing "White Christmas".



Libby, Laura, Lisa, David and Rec. Assistant Jil eagerly awaiting the show's start. The best part was when the Egyptian Theater made it snow indoors for us!



Sydney, Lolita, Connie, Jane, Jess, Laura and Tim are reaching high during Center & Flow Yoga while practicing the "Tree Pose".



Aktion Club members BJ, Sam, Adam, Craig, Jane and Monica are focused during our cap and lid sorting process.



Our Winter Wonderland Party was a huge success! It was so wonderful to gather 125 friends to celebrate the holidays.



Gal's Night Out in December was a little frigid but, lovely ladies Shari, Lisa, Sara, Monica, Janet, Kris, Sam and Marie didn't mind! We bundled up to explore the Aurora Christkindlmarket.



Janet, Lisa and Sam keeping Rec. Assistant Jil warm while waiting in line for hot chocolate.



Rec. Coordinator Emily and Sam warming up inside one of the booths. We saw so many cute ornaments, homemade goods, and yummy treats!



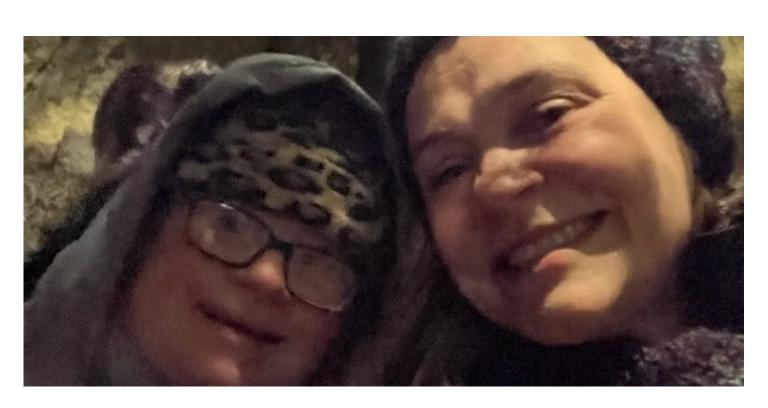
Rec. Coordinator Emily was nominated as WDKB's Hometown Hero. As your Rec. Coordinator, my greatest joy is working with all of you!



The Brookfield Zoo Light Show did not disappoint! Rec. Assistant Jil, Sam, Rach, Matthew, Mary, David, Jason, and Jane were all bundled up to explore over 2 million twinkling lights.



Together we weighed over 900lbs! Did you know that an adult rhino weighs more than 1,700lbs?



We met up with our friend Mary! It was so good to see her!



Shelley, Dana, David, Jenny, Jane, Roxanne, Connie and Emily are ready to say goodbye to 2022 and ring in a happy 2023!



We started off the new year with a train ride into Chicago! Here's Matt R, Jason, assistant Matt, Keith, Matthew F, Randy, Marc, Rick, Johnnie, Richard, Rec. Assistant Jil and BJ all ready to board!

Matt, Randy, and Rec. Coordinator Emily are all aboard and ready to head to Chicago!





We had a great time in the city—enjoyed lunch at Potbelly's, sight-seeing, and even had time to stop for some souvenirs!

Sneak Peek at February Movies!

2/3 Balto (1995 Film) G

A deadly diphtheria epidemic strikes the remote town of Nome, Alaska. The town decides to send out a sled-dog team. Balto - a half-wolf dog ignored by all except a goose, and two polar bears - is chosen to run but is disqualified. When the other dogs get lost in the snow, Balto risks his life help them all!



2/24 Mrs. Doubtfire (1993 Film) PG-13

Troubled that he has little access to his children, divorced Daniel Hillard hatches an elaborate plan. He dresses as an older British woman and convinces his ex-wife, Miranda, to hire him as a nanny. "Mrs. Doubtfire" wins over the children and helps Daniel become a better parent.



Sneak Peek at March Movies!

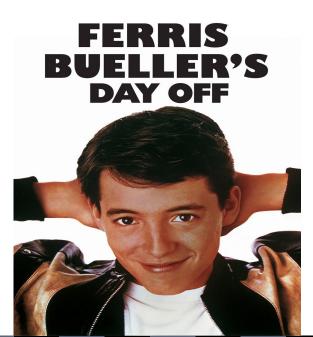
3/3 Spider-Man: Into the Spiderverse (2018 Film) PG

Miles Morales suddenly transforms into the one and only Spider-Man. He meets Peter Parker and soon realizes that there are many others who share his special talents. Miles must now use his skills to battle the evil Kingpin, who can open portals to other universes.



3/31 Ferris Bueller's Day Off (1986 Film) PG-13

Ferris Bueller has an uncanny skill at cutting classes and getting away with it. Intending to make one last duck-out before graduation, Ferris calls in sick, "borrows" a Ferrari, and embarks on a one-day journey through the streets of Chicago. On Ferris' trail is high school principal Rooney who is determined to catch him in the act.

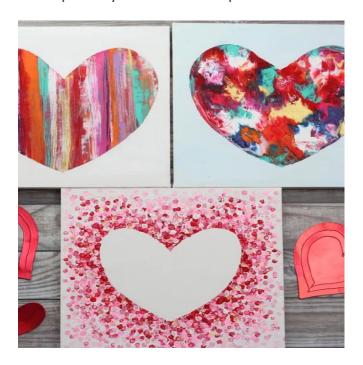


Sneak Peek at February Craft Events!

There is a snack and beverage served during crafts.

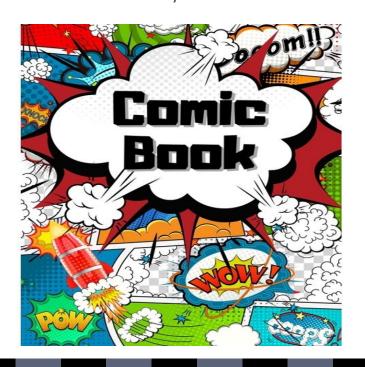
2/1 Valentine's Day Cards

Love of crafting is in the air! Let's use 3 different techniques to create a beautiful card for someone special you want to surprise for Valentines Day!



2/22 Create Your Own Comic Book

Expert Super Hero artist Bly Logan will be joining us to help you create your very own super hero and make your own comic book!



Sneak Peek at March Craft Events!

There is a snack and beverage served during crafts.

3/15 Mixed Media Collages

Let's use our creative minds and make collages to welcome Spring! Using paper, fabric, ribbons, laces we will create Spring collages to toss our winter blues away!



3/22 Plastic Bottle Fairy Nightlight

We are all learning to recycle, and what a great way to use plastic bottles! We will create a unique spring fairy night light you can enjoy and know you are helping save our planet.



Sneak Peek at Out & About February!

2/5 Winterfest Lake Geneva

Winterfest is one of Lake Geneva's biggest annual events. Watch the top snow sculptors from around the U.S. create amazing, larger-than-life works of art. After our adventure, we'll warm up with dinner at The Farmstand before returning home. Rec. will transport clients home at the end of the activity.





2/14 Valentine's Day—The Soulmate Soiree

Bring your sweetie or your best friend and join us for a romantic evening. We will begin with salad, baked mostaccioli with meat sauce, and garlic bread for dinner, a sparkling toast, and end the evening with sweet treats and watching one of the most romantic films of all time.

Ticket cost per couple is \$40.00





Sneak Peek at Out & About February!

2/25 Gal's Night Out

There's nothing better than a group of gals getting together! We're going to the movies to see Mummies (PG). Clients will receive a regular popcorn and drink at the movies. Rec. will transport clients home when we are finished.





2/28 Guy's Night Out

This month we are going to have headed to the movies to see Ant Man and the Wasp: Quantomania (PG-13). Clients will receive a regular popcorn and drink at the movies. Rec. will transport clients home when we are finished.





Sneak Peek at Out & About March!

3/5 Train Ride to Chicago + Lunch at Potbelly

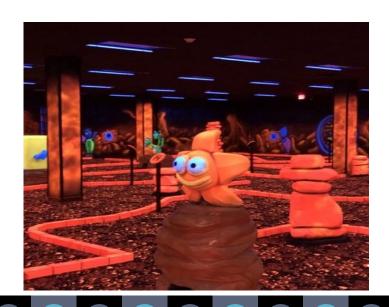
All aboard! Next stop—Chicago! We will take a train ride into the city. There is a short walk to Potbelly where we will be having lunch. Cost for this activity includes transportation and lunch. Clients may bring additional spending money if they want to purchase a souvenir at the train station. Rec. will transport clients home when we are finished.





3/14 Guy's Night Out

We're headed to Rockford for our Guy's Night Out this month! Join us for a game of mini-golf at Tilted 10 and dinner at Mod Pizza. Rec. will transport clients home when we are finished.



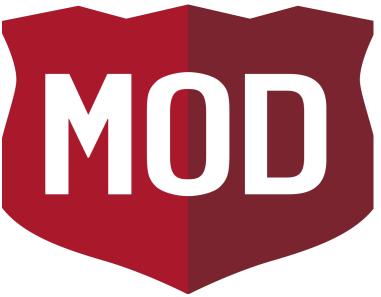


Sneak Peek at Out & About March!

3/19 Gal's Day Out

We're headed to Rockford for our Gal's Day Out this month! Join us for a game of mini-golf at Tilted 10 and lunch at Firehouse Subs. Rec. will transport clients home when we are finished.





3/25 Liverpool Legends at Egyptian Theater

Liverpool Legends are four incredibly talented musicians and actors hand-picked by Louise Harrison-sister of the late George Harrison of The Beatles. Clients will receive a large popcorn and medium drink at the show. Rec. will transport clients home when we are finished.





For any questions or RSVPs, please contact Emily at: 815.895.5108 ext. 119 or ekvasnicka@ohinc.org Rec Cell: 815.751.2924



| Rec Cell: 815.751.2924 | | | | | | | | | |
|---|--|---|---|---|--|--|--|--|--|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat | | | |
| | | | Craft: Valentine's Day Cards Time: 3:00pm- 4:30pm Location: 357 Cost: \$5 Limit: 8 | 2 | Movie & Popcorn: Balto Time: 6:00pm- 8:00pm Location: 357 Cost: \$5 Limit: 16 | 4 | | | |
| Out & About: Ice Sculpture's Location: DO @ 357 Time: 12:30pm- 8:00pm Cost: \$70 Limit: 6 | Movin' & Groovin' Time: 3:00pm- 4:30pm Location: 357 Cost: \$5 Limit: 12 | 7 | Aktion Club Time: 3:00pm- 4:30pm Location: 357 Cost: \$5 for snack | Prize Bingo Time: 3:00pm- 4:30pm Location: 357 Cost: \$5 Limit: 12 | 10 | 11 | | | |
| 12 | Center & Flow Yoga Time: 3:00pm- 4:00pm Location: 357 Cost: \$5 Limit: 6 | 14 Valentine's Day Soulmate Soiree Time: 5:00pm- 8:30pm Location: 357 Cost: \$40 per couple Limit: 16 (8 couples) | 15 | 16 | Fun & Fierce Fitness Time: 4:15pm- 5:45pm Location: 357 Cost: \$10 Limit: 8 | 18 | | | |
| 19 | President's Day Movin' & Groovin' Time: 3:00pm- 4:30pm Location: 357 Cost: \$5 Limit: 12 | 21 | Craft: Make Your Own Comic Book Time: 3:00pm- 4:30pm Location: 357 Cost: \$5 Limit: 8 | Prize Bingo Time: 3:00pm- 4:30pm Location: 357 Cost: \$5 Limit: 12 | Movie & Popcorn: Mrs. Doubtfire Time: 6:00pm- 8:00pm Location: 357 Cost: \$5 Limit: 16 | Q5 Out & About: Gal's Night Out Time: 3:00pm-TBA Location: DO @ 357 Cost: \$35 Limit: 10 | | | |
| 26 | 27 Center & Flow Yoga Time: 3:00pm- 4:00pm Location: 357 Cost: \$5 Limit: 6 | Q8 Out & About: Guy's Night Out Time: 3:00pm-TBA Location: DO/@ 357 Cost: \$35 Limit: 10 | | | | | | | |

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Limit: 16

| | Rec Cell: 815.7 | 51.2924 | _ | | | |
|---|---|--|--|---|--|--|
| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
| HELLO MARCH | | | 1 | Prize Bingo Time: 3:00pm- 4:30pm Location: 357 Cost: \$5 Limit: 12 | Movie & Popcorn: Spiderman: Into the Spiderverse Time: 6:00pm- 8:00pm Location: 357 Cost: \$5 Limit: 16 | 4 |
| Out & About: Train Ride to Chicago + Lunch Time: 9:15am- 5:30pm Location: DO @ 357 Cost: \$45 Limit: 8 | Movin' & Groovin' Time: 3:00pm- 4:30pm Location: 357 Cost: \$5 Limit: 12 | 7 | 8 Aktion Club Time: 3:00pm- 4:30pm Location: 357 Cost: \$5 for pizza | 9 | Fun & Fierce Fitness Time: 4:15pm- 5:45pm Location: 357 Cost: \$10 Limit: 8 | 11 |
| 12 Daylight Saving's Ends | Center & Flow Yoga Time: 3:00pm- 4:00pm Location: 357 Cost: \$5 Limit: 6 | 14 Out & About: Guys Night Out Time: 3:00pm- 7:30pm Location: DO @ 357 Cost: \$40 Limit: 6 | 15 Craft: Mixed Media Collages Time: 3:00pm- 4:30pm Location: 357 Cost: \$5 Limit: 8 | Prize Bingo Time: 3:00pm- 4:30pm Location: 357 Cost: \$5 Limit: 12 | 17 St. Patrick's Day | 18 |
| 19 Out & About: Gals Day Out Time: 10:00am- 3:00pm Location: DO @ 357 Cost: \$40 Limit: 6 | 20 Movin' & Groovin' Time: 3:00pm- 4:30pm Location: 357 Cost: \$5 Limit: 12 | 21 | Craft: Plastic Bottle Fairy Nightlight Time: 3:00pm- 4:30pm Location: 357 Cost: \$5 Limit: 8 | 23 | 24 | Out & About: Liver-pool Legends Time: 6:15pm- 11:00pm Location: DO @ 357 Cost: \$55 Limit: 8 |
| 26 | Center & Flow Yoga Time: 3:00pm- 4:00pm Location: 357 Cost: \$5 Limit: 6 | 28 | 29 | Prize Bingo Time: 3:00pm- 4:30pm Location: 357 Cost: \$5 Limit: 12 | Movie & Popcorn: Ferris Bueller's Day Off Time: 6:00pm- 8:00pm Location: 357 Cost: \$5 | |