

Opportunity House, Inc.
357 North California Street
Sycamore, Illinois 60178

Opportunity House, Inc.

Recreation Newsletter

June/July 2022




Announcements

Hello to everyone!

Spring finally sprung and summer is almost here! As we look ahead to summer, there are few important pieces of information that I want cover:

- * Do you follow us on social media? Opportunity House Rec. Department is on Facebook and Instagram! Like and follow us for updates and photos!
 FB: Opportunity House—Recreation Department
 IG: ohrecactivities
- * Aktion Club will meet the 2nd Wednesday of every month from 3:00pm-4:30pm. There is a \$5 charge to cover the cost of snacks. This payment needs to be made to Aktion Club, not to Rec.
- * Please remember to rank your activity choices by preference (1st choice, 2nd choice, 3rd choice) when you send in your RSVPs.
- * Rec. payments need to be made out in full by the end of each month for that month only.
- * Because space is limited, last minute cancellations should be avoided unless it is an emergency. If the cancellation comes less than 24 hours in advance, the client will still be responsible for paying for that activity.

July

Wed	Thu	Fri	Sat
		1	2
Parade Mask -4:30pm	7 Prize Bingo Time: 3:00-4:30 Location: 357 Cost: \$5 Limit: 10	8 Movie & Popcorn: Guardians of the Galaxy Time: 6:00pm-8:00pm Location: 357 Cost: \$5 Limit: 12	9
-4:30pm Jack	14	15	16 Out & About: Volcano Falls Time: 10:00am-5:00pm Location: DO/PU @ 357 Cost: \$40 Limit: 6
..: Morton -8:00pm PU @ 357	21 Prize Bingo Time: 3:00-4:30 Location: 357 Cost: \$5 Limit: 10	22 Movie & Popcorn: The Iron Giant Time: 6:00pm-8:00pm Location: 357 Cost: \$5 Limit: 12	23
Ind Sip -4:30pm	28	29	30/31

For any questions or RSVPs, please contact Emily at:
 815.895.5108 ext. 119 or ekvasnicka@ohinc.org
 Rec Cell: 815.751.2924

Sun	Mon	Tue	W
			
3	4 Independence Day OH Holiday DT/WS Closed	5	6 Craft: Masqu Time: 3:00pm Location: 357 Cost: \$5 Limit: 8
10 Watermelon Explosion Social Time: 11:00am-3:00pm Location: 357 Cost: \$20 Limit: 20	11 Center & Flow Yoga Time: 3:00pm-4:00pm Location: 357 Cost: \$5 Limit: 6	12 Out & About: Guys Night Time: 5:00pm-9:30pm DO/PU @ 357 Cost: \$20 Limit: 8	13 Aktion Club Time: 3:00pm Location: 357 Cost: \$5 for sn
17 Aktion Club Volunteers Biking with Beanie Location: Jonamac Orchard Time: TBA	18 Movin' & Groovin' Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 8	19	20 Out & About Arboretum Time: 2:30pm Location: DO/ Cost: \$35 Limit: 6
24	25 Center & Flow Yoga Time: 3:00pm-4:00pm Location: 357 Cost: \$5 Limit: 6	26 Out & About: Gals Night Time: 5:00pm-9:30pm DO/PU @ 357 Cost: \$20 Limit: 8	27 Craft: Paint a Time: 3:00pm Location: 357 Cost: \$10 Limit: 8

Announcements

- * For activities that occur at the OH main building after business hours, please pick up/drop off clients at Side Door #2. There is a doorbell that can be used.
- * Aktion Club is collecting plastic lids/caps in hopes of building a Buddy Bench to donate to Opportunity House. They are accepting plastic lids/caps Number 2 (HDPE), Number 4 (LDPE), and Number 5 (PP). There are two donation boxes placed at Opportunity House's main building or, caps can be dropped off at my office.
- * On July 17th, Aktion Club will be volunteering to pass out water bottles during the annual Biking for Beanie event. More information on this will be released as the date comes closer.
- * Please be aware that as summer arrives, most of our Out & About activities will be outdoors (weather permitting). Rec. will provide water bottles, sun screen, and bug spray, but please, dress appropriately for the event and plan for the weather!

I'm looking forward to a fun-filled summer of adventures with you all!

- Emily Kvasnicka

Some Fun at Home!

Q: What is a frog's favorite summertime treat?

A: Hopsicles!

Q: What do you call a fish that doesn't have any eyes?

A: A Fsh!

Q: Why do fish swim in saltwater?


A: Because pepperwater would make them sneeze!



June

ed	Thu	Fri	Sat
	2 Prize Bingo Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 10	3	4 Out & About: St. Charles Riverboat + Dinner Time: 1:00pm-7:00pm Location: DO/PU @ 357 Cost: \$35 Limit: 6
ate a Tote -4:30pm	9	10 Movie & Popcorn: Hidden Figures Time: 6:00pm-8:00pm Location: 357 Cost: \$5 Limit: 12	11
-4:30pm ack	16 Prize Bingo Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 10	17 Juneteenth OH Holiday DT/WS Closed	18
ette Pictures -4:30pm	23	24 Movie & Popcorn: Men in Black Time: 6:00pm-8:00pm Location: 357 Cost: \$5 Limit: 12	25
:: Adler Chicago -9:30pm PU @ 357	30 Prize Bingo Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 10		

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Sun	Mon	Tue	W
			1
5	6 Movin' & Groovin' Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 8	7	8 Craft: Decor: Bag Time: 3:00pm Location: 357 Cost: \$5 Limit: 8
12	13 Center & Flow Yoga Time: 3:00pm-4:00pm Location: 357 Cost: \$5 Limit: 6	14 Flag Day Out & About: Guys Night Time: 5:00pm-9:30pm DO/PU @ 357 Cost: \$20 Limit: 8	15 Aktion Club Time: 3:00pm Location: 357 Cost: \$5 for sr
19 Father's Day	20 Movin' & Groovin' Time: 3:00pm-4:30pm Location: 357 Cost: \$5 Limit: 8	21 Summer Begins	22 Craft: Silhou Time: 3:00pm Location: 357 Cost: \$5 Limit: 8
26	27 Center & Flow Yoga Time: 3:00pm-4:00pm Location: 357 Cost: \$5 Limit: 6	28 Out & About: Gals Night Time: 5:00pm-9:30pm DO/PU @ 357 Cost: \$20 Limit: 8	29 Out & About Planetarium Time: 2:30pm Location: DO/ Cost: \$45 Limit: 6

Some Fun at Home!

Q: Where do sheep go on vacation?

A: The BAAhamas!

Q: Why don't oysters share their pearls?

A: Because they're shellfish!

Q: What did the beach say to the tide when it came in?

A: Long time no sea!



Looking Back!



Sydney and Sheila gearing up for a strike during our Out & About to Dairy Queen and Bowling at 4 Seasons.



Steve, Marc, Jason, Tracy, Casey, Adam, Joe, BJ, and Bobby enjoying good food and great times with friends during a Guys Night Out to Pizza Villa in DeKalb.

Sneak Peek at Out & About July!

7/20 Morton Arboretum + Dinner at Mission BBQ

We're going Out & About to Lisle to explore the Humans + Nature Exhibit at the Morton Arboretum. The walk will take approximately 2 hours with breaks to sit in-between the five different sculptures. After exploring the arboretum, we will head to Mission BBQ for dinner. Clients will meet at OH for this event.

Rec. will drop clients off at home when we are finished.



7/26 Gals Dinner Out at Portillo's + Music in the Park

It's the gals turn to go out! Let's get some Portillo's! Weather permitting, we will go to Hopkins Park to watch the DeKalb Municipal Band perform from 7:30pm-9:00pm. Clients will meet at OH for this event. Rec. will drop clients off at home when we are finished.



Sneak Peek at Out & About July!

7/10 Watermelon Explosion Social

Join us at OH for exploding watermelons! After, we will have a lunch of fried chicken and delicious summer sides before enjoying some watermelon for dessert.



7/12 Guys Dinner Out at Portillo's + Music in the Park

Come out for a guys trip to Portillo's! Weather permitting, we will go to Hopkins Park to watch the DeKalb Municipal Band perform from 7:30pm-9:00pm. Clients will meet at OH for this event. Rec. will drop clients off at home when we are finished.



7/16 Volcano Falls Mini Golf + Lunch at Five Guys

We're going Out & About to Rockford for an adventure! The centerpiece of the park is the Volcano course, an 18 hole climb up their volcano. The park does offer a less challenging course called the Palm course. After mini golf, we will head to 5 Guys for an early dinner. Clients will meet at OH for this event. Rec. will drop clients off at home when we are finished.



FIVE GUYS
BURGERS and FRIES

Looking Back!



Libby, Connie, Liz, Jenny, Shelley, Randy, Janet, and Sydney showing off the adorable Spring Bonnets they made.



Marie, Roxanne, and Mary looking lovely while exploring Fabyan Park in Batavia.

Looking Back!



John, Roxanne, Marie, Kris, and Quinn getting Out & About to Fabyan Park in Batavia.



Sara, Lolita, Frank, and Jane ready to win at Bingo.

Sneak Peek at Out & About June!

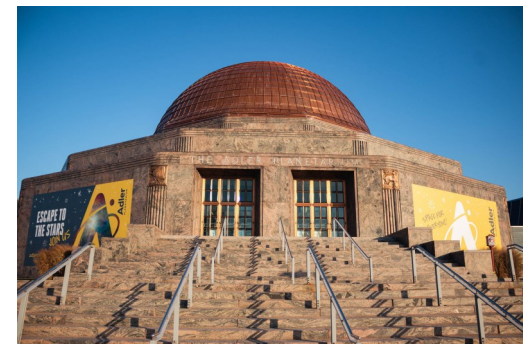
6/28 Gals Dinner at Panera + Music in the Park

It's time for a Gals Night Out! This time we're heading to Panera in DeKalb for dinner. Weather permitting, we will go to Hopkins Park to watch the DeKalb Municipal Band perform from 7:30pm-9:00pm. Clients will meet at OH for this event. Rec. will drop clients off at home when we are finished.



6/29 Adler Planetarium Chicago

We're going Out & About to Chicago to look at the skies! Come spend an evening at the Adler Planetarium. We will arrive in Chicago at 4:00pm with plenty of time to explore the museum, check out a sky show, and enjoy dinner at the Cosmic Café. Clients will meet at OH for this event. Rec. will drop clients off at home when we are finished.



Sneak Peek at Out & About June!

6/4 St. Charles Riverboat + Dinner at Wahlburger's

We're going Out & About to St. Charles! We will start with a Paddlewheel Riverboat Tour along the Fox River that lasts 45 minutes. After the tour we will take a nature walk through the park before heading to Wahlburger's for dinner. Clients will meet at OH for this event. Rec. will drop clients off at home when we are finished.



6/14 Guys Dinner Out at Panera + Music in the Park

It's time for a Guys Night Out! This time we're heading to Panera in DeKalb for dinner. Weather permitting, we will go to Hopkins Park to watch the DeKalb Municipal Band perform from 7:30pm-9:00pm. Clients will meet at OH for this event. Rec. will drop clients off at home when we are finished.



Looking Back!



Joanna, Roxanne, Monica, Sara, Jane, Mary, and Sam chowing down on some delicious Pizza Villa pizza during our Gal's Night.



Mary, Roxanne, Sara, Jane, Monica, Emily, Joanna, and Sam are happy to be Out & About for Gals Night and a walk through the Lagoon at NIU.

Looking Back!



Jenny and Jess working on a Terracotta Wind Chime craft.



Tim, Laura, Hope, Lisa, and Monica are calm and focused while practicing the Tree Pose during Center & Flow Yoga.

Sneak Peek at July Craft Events!

There is a snack and beverage served during crafts.

7/6 Masquerade Masks



7/27 Paint and Sip: Summer Sunflower with Special Guest Abby



Sneak Peek at June Craft Events!

There is a snack and beverage served during crafts.

6/8 Decorate a Tote Bag



6/22 Silhouette Pictures



Looking Back!



On the first hot day of the year, Randy, Marc, Sam, and John got Out & About to enjoy some Ollie's Frozen Custard.



They even braved the 90 degree heat and went for a Scavenger Hunt adventure at Prairie Park in DeKalb.

Looking Back!



Mary, Janet, Jane, and Lisa enjoying Firehouse Subs on an Out & About adventure to Rockford.



Jane, Lisa, Janet, Diane, Connie, and Mary enjoying a very sunny Saturday in Rockford at the Nicholas Conservatory. We got to explore the area and learn about the Secret Life of Butterflies!

Sneak Peek at Movies!

July Movies

7/8 Guardians of the Galaxy (2014 film)

Space adventurer Peter Quill finds himself the quarry of relentless bounty hunters after he steals an orb coveted by Ronan, a powerful villain. To evade Ronan, Quill must rally his ragtag group to save the universe.



7/22 The Iron Giant (1997 film)

A giant alien robot crash-lands near a small town in Maine. A 9-year-old boy, Hogarth, discovers the robot, and soon forms an unlikely friendship with him. Hogarth teams up with Dean to help save the misunderstood giant from the government.

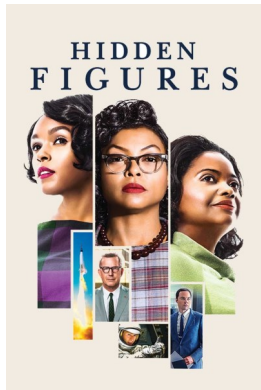


Sneak Peek at Movies!

June Movies

6/10 Hidden Figures (2016 film)

Three brilliant African-American women at NASA serve as the brains behind one of the greatest operations in history: the launch of astronaut John Glenn into orbit, a stunning achievement that restored the nation's confidence, turned around the Space Race and galvanized the world.



6/24 Men in Black (1997 film)

They are the best-kept secret in the universe. Working for a highly funded yet unofficial government agency, Kay and Jay are the Men in Black, providers of immigration services and regulators of all things alien on Earth.



Looking Back!



Aktion Club members Diane, BJ, Carol, Monica, Adam, Lisa, Mark, Sam, Tim, and Sara. Aktion Club has been staying busy planning their summer service projects.



Frank, Sam, Casey, Monica, Bobby, Sheila, Mary, Joanna, Claire, and Tim had an awesome Bingo session. It was a ton of fun and we had some very gracious winners!