

Nov 2022



OPPORTUNITY HOUSE
ATHLETICS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 State Bowling Practice 3:00-4:00 Four Seasons	4	5
6	7 Basketball 3:00-4:15 Heat/Lightning 4:15-5:30 Thunder OH Gym	8	9 Basketball 3:00-4:15 Heat/Lightning 4:15-5:30 Thunder OH Gym	10 State Bowling Practice 3:00-4:00 Four Seasons	11	12
13	14 Basketball 3:00-4:15 Heat/Lightning 4:15-5:30 Thunder OH Gym	15	16 Basketball 3:00-4:15 Heat/Lightning 4:15-5:30 Thunder OH Gym	17 State Bowling Practice 3:00-4:00 Four Seasons	18	19
20	21 Basketball Heat 3:00-4:15 Thunder 4:15-5:30 OH Gym	22 Basketball 2:45-4:30 Lightning	23 NO PRACTICES	24 NO PRACTICES	25	26
27	28 Basketball Heat 3:00-4:15 Thunder 4:15-5:30 OH Gym	29 Basketball Games Heat/Lightning at NASR Belvidere 6:15 Bus Leaves 5:00	30 Basketball Heat 3:00-4:15 Thunder 4:15-5:30 OH Gym			

Dec 2022



OPPORTUNITY HOUSE
ATHLETICS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 State Bowling Practice 3:00-4:00 Four Seasons	2	3 Special Olympics Illinois State Bowling Tournament Peoria
4 Basketball Games Heat/ Thunder at Mabley Center Game Day (Dixon) Games TBA Bus TBA	5 Basketball Heat 3:00-4:15 Thunder 4:15-5:30 OH Gym	6 Basketball 2:45-4:30 Lightning	7 Basketball Thunder 4:15-5:30 Basketball Game Heat vs. Susan's Mission Warriors 7:00 Arrive 6:15 OH Gym	8	9	10 Basketball Games Lightning, Heat, and Thunder vs. Rockford SO Arrive 8:30
11	12 Basketball Heat 3:00-4:15 Thunder 4:15-5:30 OH Gym	13 Basketball 2:45-4:30 Lightning	14 Basketball Heat 3:00-4:15 Basketball Game Thunder at Susan's Mission Warriors 7:00 Bus 5:15	15	16	17
18	19 Basketball Games Lightning vs. NASR— Belvidere 6:00 Heat vs. NASR— Belvidere 7:00	20 Basketball 2:45-4:30 Lightning	21 Basketball Heat 3:00-4:15 Thunder 4:15-5:30 OH Gym	22	23	24
25	26 NO PRACTICES	27 NO PRACTICES	28 NO PRACTICES	29	30	31

Jan 2023



OPPORTUNITY HOUSE
ATHLETICS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 NO PRACTICES	3 Basketball 2:45-4:30 Lightning	4 Basketball Heat 3:00-4:15 Thunder 4:15-5:30 OH Gym	5	6	7
8	9 Basketball Heat 3:00-4:15 Thunder 4:15-5:30 OH Gym	10 Basketball 2:45-4:30 Lightning	11 Basketball Heat 3:00-4:15 Thunder 4:15-5:30 OH Gym	12	13	14
15	16 Basketball Heat 3:00-4:15 Thunder 4:15-5:30 OH Gym	17 Basketball 2:45-4:30 Lightning	18 Basketball Heat 3:00-4:15 Thunder 4:15-5:30 OH Gym	19	20	21
22	23 Basketball Heat 3:00-4:15 Thunder 4:15-5:30 OH Gym	24 Basketball 2:45-4:30 Lightning	25 Basketball Heat 3:00-4:15 Thunder 4:15-5:30 OH Gym	26	27	28
29 Special Olympics Illinois Region A Basketball Tournament Byron	30	31				

Feb 2023



OPPORTUNITY HOUSE
ATHLETICS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6 Basketball Heat 3:00-4:15 Thunder 4:15-5:30 OH Gym (Only if state qualified)	7 Basketball 2:45-4:30 Lightning (Only if state qualified)	8 Basketball Heat 3:00-4:15 Thunder 4:15-5:30 OH Gym (Only if state qualified)	9	10	11
12	13 Basketball Heat 3:00-4:15 Thunder 4:15-5:30 OH Gym (Only if state qualified)	14 Basketball 2:45-4:30 Lightning (Only if state qualified)	15 Basketball Heat 3:00-4:15 Thunder 4:15-5:30 OH Gym (Only if state qualified)	16	17	18
19	20 Basketball Heat 3:00-4:15 Thunder 4:15-5:30 OH Gym (Only if state qualified)	21 Basketball 2:45-4:30 Lightning (Only if state qualified)	22 Basketball Heat 3:00-4:15 Thunder 4:15-5:30 OH Gym (Only if state qualified)	23	24	25
26	27 Basketball Heat 3:00-4:15 Thunder 4:15-5:30 OH Gym (Only if state qualified)	28 Basketball 2:45-4:30 Lightning (Only if state qualified)				